

2004 Nadadores Masters SCM Swim Meet

Sanctioned by SPMA for USMS, Inc. Sanction number: 334-031

Sponsored by Mission Viejo Nadadores

Outdoors at Mission Viejo Pool
Sunday, October 3rd, 2004

Entries must be Postmarked No Later than
Monday, Sept. 27th, 2004

- ORDER OF EVENTS -

1500 Warm-up at 7:30 A.M.

1500 Starts at 9:00 A.M.

1. * 1500 M. Freestyle Additional Warm-up after 1500 Event #2 starts @ 11:00 AM

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| 2. 400 M. Individual Medley | 11. 200 M. Med. Relay (Deck Enter) |
| 3. 50 M. Butterfly | 12. 50 M. Breaststroke |
| 4. 100 M. Backstroke | 13. 100 M. Freestyle |
| 5. 200 M. Breaststroke | 14. 200 M. Butterfly |
| 6. 50 M. Freestyle | 15. 50 M. Backstroke |
| 7. 100 M. Butterfly | 16. 100 M. Breaststroke |
| 8. 200 M. Backstroke | 17. 200 M. Freestyle |
| 9. 200 M. Free Relay (Deck Enter) | 18. 200 M. Ind. Medley |
| 10. 100 M. Individual Medley | 19. *400 M. Freestyle |

Pool: Marguerite Aquatics Center, is an outdoor, 8 lane 25 meter competition pool.

Directions: Marguerite Aquatics Center, 27341 Trabuco Circle, Mission Viejo. From the North or South, take 5 Freeway to the Alicia Parkway exit in Mission Viejo. Go east away from ocean to Trabuco Road. Turn right on Trabuco to Marguerite Parkway. Go left on Marguerite to Casa Del Sol, turn right onto Casa Del Sol, and turn into the driveway for pool parking. There will be no parking in the upper parking lot.

Rules: Current USMS and SPMA rules will govern. All events are timed finals. Swimmers are limited to a total of five individual events at this meet. Swimmers must check in with the Clerk of Course for deck seeded events that they wish to swim. After an event has been officially closed, swimmers may not check in. **Deck entries will close at 8:30 AM for event 1 (1500) and 10:30 AM for events 2-8. All other deck entries (events 9-19) will close at 11:00.**

Age on December 31st, 2004 determines age group for the meet.

Eligibility: Open to any **current** USMS registered swimmer or a foreign swimmer with a valid travel permit there is on deck registration permitted.

Seeding: All events will be deck seeded slowest to fastest, by entered time, ages and sexes combined. Check in is not required in order to be deck seeded, **EXCEPT** swimmers **MUST** check in to swim the **1500 M. Freestyle and the 400 M. Freestyle.**

Submitted Times: Please enter your best time, a reasonable estimate or a workout time. All times must be submitted on a SPMA consolidated entry card or a copy of a SPMA consolidated entry card (both sides). Do not mail in this entry information sheet.

Relays: All relays will be deck entered. Relay fees are \$2.00 per relay due upon entry. All relays must be submitted on SPMA relay forms which will be available at the meet. Incorrect or illegible entries will be rejected. For each relay swimmer that is not entered in individual events, a fee of \$5.00 and a signed liability release must be submitted with the relay entry.

Awards: **INDIVIDUAL**, SPMA ribbons to places 1-3. **RELAY** SPMA ribbons to first place.

Entry Fees: \$20.00 per swimmer flat fee. Deck entries allowed for total of \$30.00

NOTE that deck entrants will pay an additional \$10.00 entry charge.

MAKE CHECKS PAYABLE TO: **Mission Viejo Nadadores**

MAIL CONSOLIDATED ENTRY CARD AND CHECK TO: **Mission Viejo Nadadores—Mark Moore
25108-B Marguerite Parkway #175, Mission Viejo, CA 92692**

To avoid any concern regarding receipt of entry card, enclose a self-addressed stamped envelope or postcard or mail card "Return Reply Request". NO certified, registered or special delivery mail will be accepted. Receipt of entry will not be verified by phone.

Questions: Meet Director, Mark Moore (949) 489-1847, coachmark@mastersmvnswim.org

****Snack Bar will be available serving hot and cold food and drinks. ****

Also visit www.mastersmvnswim.org or www.spma.net