

# USMS On-Deck Coaching Registration Form

The USMS Coaches Committee offers On-Deck Coaching assistance for swimmers during warm-ups at USMS Championship Events and at the annual United States Aquatic Sports (USAS) Convention. At Championship Events, coaches monitor the sprint lanes during the early morning warm-ups giving swimmers start commands and timing sprints if requested. At convention, coaches devise and conduct workouts for convention attendees. All participating coaches are given a special USMS Coaches apparel item, great for being recognized on deck. If you would like assist in the USMS On-Deck Coaching program please complete the application below and return it ASAP.

\*\*\*\*\*

## 2005 USMS Long Course Nationals Mission Viejo, California August 11-15, 2005

Your Name \_\_\_\_\_  
Address: \_\_\_\_\_  
City, State, Zip: \_\_\_\_\_  
Home Phone: \_\_\_\_\_  
Work Phone: \_\_\_\_\_  
E-mail: \_\_\_\_\_

ASCA Level \_\_\_\_\_ USA Swimming Certification \_\_\_yes\_\_\_ \_\_\_no\_\_\_

T-shirt size: Small \_\_\_\_\_ Medium \_\_\_\_\_ Large \_\_\_\_\_ XL \_\_\_\_\_ 2X \_\_\_\_\_

I can assist during competition warm-up on these days:

Thursday, August 11 \_\_\_\_\_ Friday, August 12 \_\_\_\_\_

Saturday, August 13 \_\_\_\_\_ Sunday, August 14 \_\_\_\_\_

Monday, August 15 \_\_\_\_\_

Return to: Mark Moore  
25108-B Marguerite Parkway #319  
Mission Viejo, CA 92692  
Fax (949) 461-0025

QUESTIONS: (949) 233-6521 or [Coachmark@mastersmvnswim.org](mailto:Coachmark@mastersmvnswim.org)